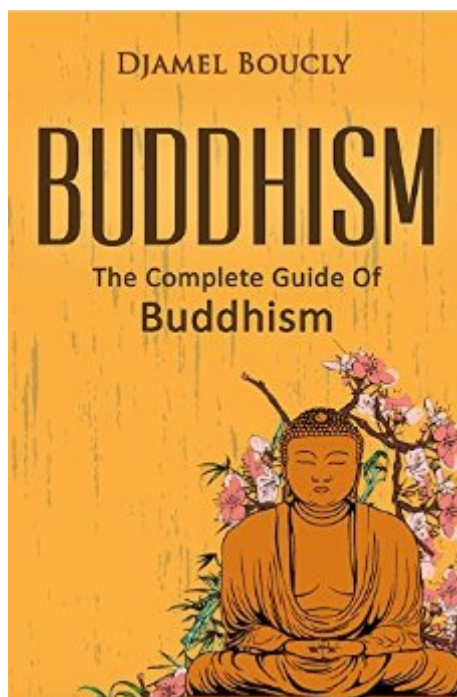


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# **Buddhism: Buddhism For Beginners, The Complete Guide Of Buddhism, Everything You Need To Know To Practice Buddhist Teachings In Your Everyday Life**



## Synopsis

**WHAT PEOPLE SAY ABOUT :** There are lots of book in the market which discuss about Buddhism. And this book here is one of the best in it since I learned many of them . Every books central view is inner peace. This book is a complete guide for Buddhism, as it teach you everything you want to know about this religious believe. Buddhism explains inequality and injustice. It gives us the purpose of life, while providing a moral code and way to lead a life filled with zen and happiness. This book is aimed at people wanting to learning about Buddhism. In this book I'll discuss the basic principles and tenets of Buddhism, Buddhist teachings and Buddhist rituals, along with how you can incorporate Buddhism into your daily life. If you are thinking about practicing Buddhism or if you already do this book is a good starting place to learn about all of its most basic tenets. I buying this book to know more about Buddhism and this book here succeeded in providing that. I thing this book is a considerable one. This is an exceptional read. A beginner's guide to switching to a most peaceful way of living this stressful life. Perfect for beginners who have little to none idea about Buddhism. This book is well written, informative and provides overview on what Buddhism all about. This can be very helpful for people like me who are not knowledgeable enough in the kind of teaching this religion offers. It will certainly help you understand that you need to be aware of the present moment and live in it instead of dwelling in the past regrets or future concerns for living a happy life. I would highly recommend this book!

**EVERYTHING YOU NEED TO KNOW TO PRACTICE BUDDHISM IN YOUR EVERYDAY LIFE** Get this Kindle book now for only 2.99. Regularly priced at \$7.99. Read on your PC, Mac, smart phone, tablet or any Kindle device. **FREE BONUS INSID "Mindfulness"~ READ FREE WITH KINDLE UNLIMITED~** If you are thinking about practicing Buddhism or if you already do this book is a good starting place to learn about all of its most basic tenets. As you go through this introduction to Buddhism, you will find answers to the questions:- Where did Buddhism start?- Who is the Buddha?- Why did the Buddha find a need for this practice?- What are the most common Buddhist traditions?- What is the difference between Theravada, Mahayana, and Vajrayana Buddhism?- What does Buddhism look like in different parts of the world? Buddhism explains inequality and injustice. It gives us the purpose of life, while providing a moral code and way to lead a life filled with zen and happiness. This book is aimed at people wanting to learning about Buddhism. In this book I'll discuss the basic principles and tenets of Buddhism, Buddhist teachings and Buddhist rituals, along with how you can incorporate Buddhism into your daily life. This is a great starting off point for beginners. If you want to learn more about Buddhism, you need to get this book. Download your copy today! To order, click the BUY button and download your copy right now!

## Book Information

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## Customer Reviews

This book contains essential and proven tips of the basic principles and tenets of Buddhism, Buddhist teachings and Buddhist rituals, along with how you can incorporate Buddhism into your daily life. In this book the information is organized in a logical way thatâ™s easy to access, read and understand. It is indeed a good read and I highly recommend this book to everyone. It is easy to read and understand, which belies the underlying complexity of the material and is a testament to the skills of the author.

Perfect for beginners who have little to none idea about Buddhism. This book is well written, informative and provides an â overview on what Buddhism all about. This can be very helpful for people like me who are not knowledgeable enough in the kind of teaching this religion offers. This book explains quickly but deeply the basics of Buddhism and the reasons for suffering in our life and introduces the practices one can use to reduce that suffering.

In life most people can do extraordinary things if they have the confidence or take the risks. Yet

most people don't. They sit in front of the telly and treat life as if it goes on forever. Risk is a part of God's game, alike for men and nations. Play the game for more than you can afford to lose | only then will you learn the game. The most important thing to remember is this: to be ready at any moment to give up what you are for what you might become.

This book does a good job teaching about Buddhism and why it's a way of life rather than a religion. I always wanted to know about Buddhism and this book helped me do just that. I find it even more interesting now as it does away with idol worship and focuses on trying to seek the truth. In this book you will learn about the Buddha, his teachings including the four noble truths, the three schools of Buddhism and a lot of other things. You will learn a lot about the people, practices in daily life and the teachings, to further broaden your knowledge of this amazing culture. Recommended for all people who're curious about Buddhism and the things it teaches.

I'm not a religious person (this was usual in my country), but I was always, beginning from high school, interested why people believe in God, why there are so many religions in the world. Answer to these questions lays in philosophy and theology. I became neither the first nor the second. But I've read enough books to understand basics of some religions. Naturally, the first was Christianity as the main religion of my country. Now I want to get acquainted with Buddhism. I know it is very common in eastern part of Asia. But there are enough examples of practicing Buddhism in Western World, too. Right away I can remember Steve Jobs, Bill Clinton. It is difficult to read fundamental books of Buddhism. So the book by Djamel Boucly is convenient for my knowledge enlargement. It shows history of Buddhism from its appearance to modern times, its concepts, and at last, description of its practices. I can't read this book fast because there are a lot of new information and difficult terms. But some things I've known already. Most interesting for me is the fact that Buddhism is not a religion but, in fact, a path to spiritual enlightenment and it does not have a dogma. I hope new discoveries wait for me while reading.

There are lots of book in the market which discuss about Buddhism. And this book here is one of the best in it since I learned many of them . Every books central view is inner peace. This book is a complete guide for Buddhism, as it teach you everything you want to know about this religious believe. Buddhism explains inequality and injustice. It gives us the purpose of life, while providing a moral code and way to lead a life filled with zen and happiness. This book is aimed at people wanting to learning about Buddhism. In this book I'll discuss the basic principles and tenets of

Buddhism, Buddhist teachings and Buddhist rituals, along with how you can incorporate Buddhism into your daily life. If you are thinking about practicing Buddhism or if you already do this book is a good starting place to learn about all of its most basic tenets. I bought this book to know more about Buddhism and this book here succeeded in providing that. I think this book is a considerable one.

I am very fond of general information books. And this Buddhism is one topic that I am always interested with. The book has a very good introduction of what Buddhism is. It explained well that it is not a religion but rather a philosophy or a way of life that was practiced by Buddha whom known to have reached Nirvana. I personally like the philosophies of Buddhism - its teachings about how a person achieved mindfulness and reach a state of enlightenment and that its connection to meditation or Zen. And as I learned Buddhism deeper, I would love to apply it to my daily living!

The introduction to Buddhism is creatively done that sums up the true essence of this religion without compromising the details and important information. This is an excellent book for anyone who wants to know more about Buddhism it is very easy to understand the basic concepts and ideas. The book is very clear on the teachings in Buddhism. Highly recommended.

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